



TUMBLING - *Socially Safe*

The Tumbling Company invites your child & classmates to join our fun, encouraging tumbling classes @ Chapelwood.

Socially safe, we offer Fun exercises and tumbling basics, including floor tumbling, spring board basics, low balance beam basics. We will mix flexibility, strength training, obstacle courses.

Socially Safe:

- Daily temperature checks, hand sanitizing, curbside dismissal after class (from gym door near scout building).
- Activities will be individualized with 6 ft. spacing. Each child will have a designated mat area. Touched surfaces will be sanitized before use.
- Coaches will wear masks.
- Max of 16 kids each day with a wait list as needed

Ages as of December 1, 2020

<u>Day / Time</u>	<u>Age</u>	<u>Cost</u>	<u>No. of Classes</u>
Tues , 2:00- 2:45	3 yrs- Kinder	\$320	18 (over 5 months)
Wed , 2:00 – 2:45	3 yrs- Kinder	\$320	18 (over 5 months)

Register @: www.tumbleco.com/Chapelwood

Classes begin 1/5 & 1/6 and end 5/11 & 5/12.

There will be no classes 3/15- 3/19 for Spring Break



Instructors: Tumbling Company Staff – 713-866-4822, coachrobbie@wans.net

Locations: Chapelwood Gymnasium