



**Chapelwood School for Young Children
After-School Enrichment Classes
2019 Fall Session**

Cooking	Soccer
Tae Kwon Do	FUNtastic Fitness
Ballet/Tap	Spanish
Tumbling	Outdoor Sports
Exploratory Art	Yoga
Music and Movement	

Online Registration Begins **Thursday, April 25, 2019 at 7 AM**

Classes begin Monday, August 26 and end Friday, December 13

11140 Greenbay St.
Houston, TX 77024
713-465-4657

REGISTRATION INFORMATION

Dates:

- Online registration begins Thursday, April 25 at 7 a.m. and ends Friday, September 13, 2019.
- Classes begin Monday, August 26 and end Friday, Dec 13.
- Fees will be prorated after September 13.
- Wait lists are available for classes that are full.

Holidays/School closings: There will be no enrichment classes on:

- Monday, September 2 – Labor Day
- Monday, October 14- Columbus Day
- Mon, Nov. 4 – Parent/Teacher Conferences
- Mon-Fri, Nov. 25-29 – Thanksgiving Holiday

How to Register:

- Online: Register online by going to the church's website at www.chapelwoodschool.org, click on "Our Program", and choose "After-School Enrichment" to see the complete list of classes. You are asked to pay by credit card.
- In person: **After September 13**, you may register in person by coming to the school office and completing a registration form along with a prorated payment. Enrollment will not be confirmed until your payment is received. The office is closed on all school holidays.
- Wait List: If classes are full, you may register on a wait list online before September 13. To be added to a wait list after September 13, email Krista Drury at kdrury@chapelwoodschool.org.

Wait lists and Minimum Enrollment:

- Instructors determine class size and schedules.
- If a class fills to capacity, a wait list will be offered on a first-come, first-serve basis. Parents will be notified if there is a cancellation or if the instructor can accommodate additional students.

Refunds and Cancellations:

- Full refunds will be given if a class does not make the minimum enrollment requirements.
- For cancellations before August 26 - \$25 non-refundable administration fee.
- For cancellations after August 26 - \$25 non-refundable administration fee plus prorated fee based on number of classes attended.
- **There will be no refunds after September 30.**

Class Pickup:

- Students who are enrolled in the Day School will be escorted to classes by the instructors.
- Parents need to pick up students at the enrichment classroom - children **will not** be escorted back to the Day School at the end of class.
- Parents who are late picking up their children should contact the instructor...**do not call the Day School**. A late fee may be charged by the instructor.
- List emergency contact numbers and all persons authorized to pick up your child when you register.

Special Needs:

- List any food allergies or other special needs a student might have when you register.
- Questions? Contact the instructor directly by email (listed on the next pages)



A Time to Dance

A Time to Dance was created by Donna Smith (formerly with Super Stars Dance) in 2007 to provide a dance program that comes to your school. She and her team provide age appropriate wholesome and fun dance activities that promote discipline, a stronger body, self-esteem and confidence. Donna is devoted to a Christ- centered life, and all materials and dance moves presented in class reflect these values. She and her team love

teaching dance and keep the class fun and challenging so that the children want to learn!

Cost: \$260 – 15 classes

When: Wednesdays – (8/28– 12/11)

Where: Chapelwood East Room

Who: Girls, Ages 3-5 (children must be 3 and fully potty trained). The class is divided into two sections: one section for 3 year and younger 4 year olds and one section for older 4 and 5 year olds. Age requirements are firm unless approved by instructor.

Time: 2:00 – 2:50 pm (Please pick up promptly after class)

Uniform: Black leotard, pink tights and pink ballet shoes, black low heeled tap shoes, any pull on dance skirt.

Curriculum: Ballet and tap – pre-ballet terms and techniques, creative expression activities (use of scarves, tambourines, unicorns, tap basics, rhythm skills, and cute percussion drills.)

Note: Girls must be fully potty-trained.

Questions: Contact Donna Smith – 832-867-7757 (cell) or donna@msdonnadancing.com

There will be no class 11/27.

CATERING TO KIDS COOKING SCHOOL



Catering to Kids School offers a fun hands-on cooking class for kids where we learn to make 3 new foods each week. The children will have the opportunity to create and hopefully eat yummy foods all while having a great time with their friends. For those “picky” eaters we hope to introduce new foods that they learn to love, or at least, like! A cookbook with all our recipes for the year will be given out at the end so they can make and re-make all their favorites.

AGES: 4 and up. Children 3-1/2 will be considered but you are required to

contact the instructor before registering.

Instructor: Chris McClurkin – 713-465-5532 or cateringtokids@aol.com

Classes begin week of 8/26 and end week of 12/9

Location: Williams Building 203

Day & Time

Tues, 2:00 – 3:15 pm

Thurs, 2:00 – 3:15 pm

Ages

Ages 4 – 5 yrs*

Ages 4 – 5 yrs*

Cost

\$325

\$325

of Classes

14

14

* Age requirements are firm unless approved by instructor.

There will be no Tuesday classes on 10/15 and 11/26. No Thursday classes 10/17 and 11/28.



This class encourages children to learn Spanish. Books, games, songs, and puppet demonstrations will make this class fun and exciting for everyone! A child's early exposure to new languages and cultures enhances learning skills and promotes a better appreciation of America's own multicultural society. Come and learn in our Spanish class! Age requirements are firm unless approved by instructor.

<u>Day/Time</u>	<u>Ages</u>	<u>Cost</u>	<u># of Classes</u>
Mon, 2:00 – 3:15 pm	2 ½ - 3 ½ yrs	\$285	12
Tues, 2:00 – 3:15 pm	4 – 5 yrs	\$355	15
Wed, 2:00 – 3:15 pm	4 – 5 yrs	\$355	15
Thurs, 2:00 – 3:15 pm	2 ½ - 3 ½ yrs	\$355	15
Fri, 2:00 – 3:15 pm	2 - 3 yrs	\$355	15

Instructor: Alma Menn – almamenn@yahoo.com

Classes begin 8/26 and end 12/13

Location LC-122

No Classes Monday 9/2, 10/14, 11/4, 11/25; Tuesday 11/26; Wednesday 11/27 ; Thursday 11/28; Friday 11/29

Mrs. Laura's Dance Academy



Classes are for girls, ages 3-5 (fully potty trained)

Tuesdays 2:00 – 3:00 pm

\$ 262– 15 classes - Location: Courtyard Room

Classes start 8/27 and end 12/10.

There will be no class 11/26.

Laura Ely's goal is to share her experience and training to help young girls develop a love for dancing. She teaches basic ballet and tap along with choreography movement. The students follow a traditional progression on the fundamentals of dance with a blend of music, props and imagination. An introduction to beginning level modern dance and jazz is also introduced.

Laura earned a BFA in dance and continued her dance training in NYC. In 2004 she became a performing artist, choreographer and teacher at Dance Ad Deum Dance Company in Houston. Laura also taught at numerous dance schools and universities including Houston Ballet Academy, Houston Community College and Rice University.

Uniform: Pink leotard, pink tights, pink ballet shoes and black tap shoes.

Contact: Lauraelydance@gmail.com

MINI-STARS PROGRAMS

Ages 2 ½ to 6 yrs.

Age requirements are firm unless approved by instructor.

Instructor: Luis Labastida – llvole@aol.com



Soccer and Outdoor Sports classes are led by **Luis Labastida** who has played professional soccer internationally. Currently, he coaches at youth levels, club soccer, and Olympic development programs. The goal is to promote physical involvement with critical thinking skills. Children learn attention awareness, body coordination, teamwork, self-discipline, responsibility and respect for self and others.

Uniform: Comfortable, lightweight clothing with no dangling or loose jewelry. Hair should be pulled back and secured out of the child's face.

Mini-Stars Soccer

Mondays, 2:00 – 2:50 pm

\$245 - 12 classes

Thursdays, 2:00 – 2:50 pm

\$295 - 15 classes

Location: Chapelwood Gymnasium

Mini-Stars Soccer focuses on developing a new skill each class. The program works on coordination with and without the ball. Every student has his or her own ball at all times which allows each child to practice and play at the appropriate level. The challenge and excitement of the games keep learning fun. At the end of the session, every child is awarded a prize. During class they will decorate a soccer ball to take home at the end of the session. Monday classes begin on 1/8 and end 5/10. Thursday classes begin 1/10 and end 5/9.

There will be no Monday classes 9/2, 10/14, 11/4, 11/25; no Thursday classes 11/28

Mini-Stars Outdoor Sports Program

Wednesdays, 2:00 – 3:00 pm

\$305 - 15 classes

Fridays, 2:00 – 3:00 pm

\$305 - 15 classes

Location: Chapelwood Gymnasium

Mini-Stars Outdoor Sports focuses on developing new skills at each class through a variety of sports. The program works on coordination, perception, agility, conditioning, and balance. The challenge of all the sports and excitement of the games keeps learning fun!!! At the end of each session, every child is awarded a prize. Children play games to improve conditioning, coordination, perception, balance, foot speed, and agility.

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|---------------------------|--|
| • Kickball | Basic rules and drills to improve kicking technique |
| • Fitness and fun | Improve fitness and balance |
| • Dodgeball | Improve balance, coordination, & throwing technique |
| • Fitness (track & field) | Conditioning and coordination |
| • Soccer | Basic foot skills, small-sided games, and passing techniques |
| • Basketball | Basic principles of ball handling, movement, & dribbling |
| • Frisbee | Catching and throwing techniques and games |
| • Baseball | Basic catching, throwing, running, and batting techniques |
| • Flag Football | Basic rules, catching techniques, throwing, running, and balance |

Classes begin week of 8/26 and end week of 12/9. **There will be no Wednesday class: 11/27; Friday class 11/29**

TUMBLING/GYMNASTICS

The Tumbling Company invites your child and friends to participate in our fun and motivating tumbling classes at Chapelwood.

Our goal is to encourage children through a success oriented, positive learning experience in a non-competitive, athletic setting. Instruction in floor exercise and vaulting, and on beam and simplified bars.



Ages as of September 1, 2019

<u>Day / Time</u>	<u>Age</u>	<u>Cost</u>	<u>No. of Classes</u>
Tues, 2:00-2:35	2 yrs and young 3s needing small class	\$215	15
Tues, 2:00- 2:45	almost 3 yrs- Kinder	\$245	15
Wed, 2:00 – 2:35	2 yrs and young 3s needing small class	\$215	15
Wed, 2:00 – 2:45	almost 3 yrs- Kinder	\$245	15

Classes are grouped older and younger within the class rotations

Age requirements are firm unless approved by instructor.

Instructor: Coach Robbie Hirst & staff – 713-866-4822, coachrobbie@wans.net

Locations: Chapelwood Gymnasium

Classes begin week of 8/26 and ends week of 12/9. **There will be no Tuesday class 11/26. There will be no Wednesday classes 11/27.**



Atelier: Exploratory Art for Young Children

At *Atelier* (ah-til-e-ay), your children will gain access to a creative space inspired by the schools of Reggio Emilia, Italy. Every week, children will be invited into meaningful, play-based activities and discoveries using a variety of art mediums to deepen and extend their learning and collaboration skills. With over a decade of experience working with preschool children, Nilda Paredes will gently mentor your children on how to use oil pastels, cardboard, clay, colored charcoal, paints, found objects and loose parts (among other tools) as a means to express their ideas, encourage collaboration, and engage their insatiable minds. Photos and samples of your children's art exploration will be documented online and shared using a private web application.

Wednesdays 2:00-3:15 (15 sessions) Cost: \$380

Thursdays 2:00-3:15 (15 sessions) Cost: \$380

Fridays 2:00 – 3:15 (15 sessions) Cost: \$380

Cost includes price of supplies and art material for the semester

Who: Children ages 3 ½ to 5 years

Where: LC 134

Classes begin week of 8/26 and end week of 12/9

No Wednesday class 11/27; no Thursday class 11/28; No Friday class 11/29

For questions, email Nilda Paredes: nparedes@chapelwoodschool.org

TAE KWON DO



Instructor: Master Bruce Alamdari – 281-804-5425 olympiatkd@sbcglobal.net

Location: Williams Bldg. Rms 101-102

Tae Kwon Do helps children increase attention span, learn respect for others, build self-esteem, and improve coordination. If you are looking to enhance your children's abilities in a safe positive class, sign up today!

The required uniform is purchased from Master Bruce. Cost is \$55 and is an extra fee.

Ages: 3 ½ - 5. Age requirements are firm unless approved by instructor. Girls should wear pants and tops so uniforms can be slipped over clothes. Class offered:

Mondays 2:00-2:45 (12 sessions) Cost: \$390



ZiZi's YOGA for Kids

Tuesday, 2:00-2:45

Cost: \$295- 15 classes

Location: CB 002- School Basement

Ages 3-6 yrs old

No Tuesday classes on 11/26

Instructor: Yoga is led by instructor Cynthia "ZiZi" Navarro. ZiZi has over 10 years of experience teaching yoga.

Contact: (281)773-0905/ (281) 865-6031. Email: llvole@aol.com

Our Yoga classes are based on the method of Dahn Yoga which focuses on body and brain. This type of yoga allows for kids to control themselves when they are nervous, scared, or want to calm themselves down. Yoga for children is full of very fun lessons integrating a mix of yoga poses, games, music, and improvisation where the goals are:

- To have a positive effect on the academic achievement, general health, personal attributes, and relationships of students
- To learn techniques for self-health, relaxation, and inner fulfillment. Yoga at an early age encourages a healthy living style.
- To enhance flexibility, strength and coordination. In addition, their concentration and sense of calmness and breath awareness improvement.
- To have fun, feel good and remember to enjoy the moment.



Fitness Stars by Stretch-n-Grow

Wednesdays from 2:00 pm – 2:45 pm

Cost: \$255 ----15 classes

Girls and Boys ages 3-5 yrs. (age requirements are firm unless approved by instructor)

Location: CB basement 002

Classes begin 8/28 to 12/11

There will be no classes on 11/27

Fitness Stars by Stretch-n-Grow (formerly FUNtastic Fitness) is our high energy, fun and action-packed adventure fitness class where preschoolers learn strength, endurance, flexibility, balance and learn how healthy foods fuel their bodies.

Watch your kids develop focus and gain self-control from physical activity that will help with school and sports readiness and skyrocket them to their next milestone...all while making friends and having FUN! Also included are formal communications with emails and social media. You can follow us on Facebook and Instagram @houstonsg.



Music and Movement

New Class for infants/toddlers!

This class is designed for young children (9 months- 30 months) that are always searching for ways to develop and practice their Gross Motor Skills. A variety of music, physical activities, and the power of playing will make this program fun in a safe environment!! Age requirements are firm unless approved by instructor.

Instructor: **Virginia Fernandez** is a toddler teacher at the Chapelwood School. She has 14 years of experience working with young children.

The following classes are offered:

Ages as of September 1, 2019

<u>Day / Time</u>	<u>Age</u>	<u>Cost</u>	<u>No. of Classes</u>
Tues, 2:15 -3:00	9-12 months	\$215	15
Wed, 2:15 – 3:00	13-21 months	\$215	15
Thurs, 2:15 – 3:00	22-30 months	\$215	15

Instructor: Virginia Fernandez

Phone: 713-478-1704 **Email:** virfercha@hotmail.com

Location: LC 112 (Chapelwood School Music Room)

Classes begin week of 8/26 and end week of Dec 9.

There will be no Tuesday class on 11/26. There will be no Wednesday class on 11/27. There will be no Thursday class on 11/28.