



# MILESTONE #5

## PURITY FOR LIFE

### **SPIRIT, SOUL & BODY (8TH & 9TH GRADE)**

*How can a young person stay on the path of purity? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you. Praise be to you, LORD; teach me your decrees. PSALM 119:9-12*

### **CORE COMPETENCY**

Biblical purity, Biblical sex, healthy relationships, identity in Christ.

As adolescents flow into everyday life, the issue of purity will be one that can literally alter life's course for teenagers. A commitment to physical purity is only part of the story. God created the human heart, soul, mind and strength to work cohesively to bring Him glory by following His path for life.

Purity is a foreign concept in our mainstream culture. Without a foundational moral source like the Bible, young people today face a chaotic number of relational options. But God has a clear plan for life, relationships, marriage and sex. During this time in your teen's life, peers will influence them greatly. Developing healthy relationships by choosing your friends wisely and being a healthy friend can smooth out the path through these challenging years. Also, your son or daughter will begin noticing the opposite sex around this time. The questions around dating will soon arise and parents need to have a good answer and stance on what is appropriate at this age. Many parents leave their children to make their own decisions regarding relationships. Doing so in your child's life will almost ensure mistakes and regrets. As each decade passes, the pressure to date and become physically involved grows. Children are dating at younger ages and becoming sexually active earlier in life. Building biblical fences in this arena of life is necessary to help your child remain pure sexually.

During the spring semester, 8th and 9th graders will take part in an in-depth study of God's plan and design of these things. They will learn that purity is more than just waiting to have sex until you're married. It's about choosing to live a lifestyle of honoring and loving God.

### **IMPACT Parent Seminar Led by: Laura Gallier, Author and Speaker**

Parents are equipped to help their teen make a commitment to Purity for Life, including modeling biblical purity in their own lives. This session includes discussion on how to have ongoing, productive and impacting talks about sex, dating, and choosing to live a lifestyle of honoring and loving God. Learn to provide your child insulation versus isolation.

## **RESOURCES for Milestone # 5**

***The Purity Code: God's Plan for Sex and Your Body Accept Nothing Less: God's Best for Your Body, Mind & Heart*** (for parents & teens) by Jim Burns

***Quest for Love-True Stories of Passion & Purity*** by Elisabeth Elliot

***Passion & Purity-Learning to Bring your Love Life Under Christ's Control*** by Elisabeth Elliot

***The Five Love Languages of Teenagers*** by Gary Chapman

***When God Writes Your Love Story*** by Eric & Leslie Ludy

***Secret Keeper-The Delicate Power of Modesty*** by Dannah Gresh

***No Apologies-The truth About Life, Love & Sex*** by Focus on the Family

***5 Conversations you Must Have with Your Daughter*** by Vicky Courtney

***5 Conversations you Must Have with Your Son*** by Vicky Courtney

***Raising a Godly Son in an Ungodly World*** by Vicky Courtney

***Choosing to Wait*** (for parents) by Laura Gallier

***Why Wait?*** (for teens) by Laura Gallier

***Where's My Edward?*** by Laura Gallier

***Sex Has a Price Tag*** by Pam Stenzel

***B4UD8*** (for teens) by Hayley & Michael DiMarco

***Complete Marriage and Family Guide*** by James Dobson

***For Parents Only*** by Feldhahn and Rice

***You Have What it Takes*** by John Eldredge

***Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation*** by Stephen Arterburn, Fred Stoeker, and Mike Yorkey

***Teen Virtue: Real Issues, Real Life...A Teen Girl's Survival Guide ;Teen Virtue 2:Teen Girl's Guide to Relationships; Teen Virtue Confidential*** by Vicki Courtney

***Kissed the Girls and Made Them Cry*** by Lisa Bevere

***What a Daughter Needs from Her Dad*** by Michael Farris

***What a Difference a Daddy Makes*** by Dr. Kevin Leman

***She Calls Me Daddy*** by Robert Wolgemuth

***Strong Fathers, Strong Daughters*** by Meg Meeker

***30 Days Turning the Hearts of Parents and Teenagers Toward Each Other*** by Dr. Richard Ross and Dr. Gus Reys

***Questions You Can't Ask Your Mama about Sex*** by Craig Cross, Craig Gross and Mike Foster

***What's up with Boys?: Everything You Need to Know about Guys*** by Crystal Kirgiss

***Girl Talk: Mother-Daughter Conversations on Biblical Womanhood*** by Carolyn Mahaney, Nicole Mahaney Whitacre, and C. J. Mahaney

***I Want to Talk with My Teen about Movies Music and More*** by Walt Mueller

***Boyhood and Beyond*** by Bob Schultz

***What's the Big Deal? : Why God Cares about Sex*** by Brenna B. Jones and Stan Jones

***Facing the Facts: The Truth about Sex and You*** by Brenna B. Jones and Stan Jones

***Passport2Purity*** (Book & CD Set) by Dennis Rainey and Barbara Rainey

***Secret Keeper 2005: The Delicate Power of Modesty*** by Dannah Gresh