

Freely Receive, Freely Give

8:45 a.m. + October 1, 2023 + Feast of the Guardian Angel



"Watchers of the Night," by Thomas Blackshear II (adapted)

Thou angel of God who hast charge of me
From the fragrant Father of mercifulness,
The gentle encompassing of the Sacred Heart
To make round my soul-shrine this night,
Oh, round my soul-shrine this night.

Ward from me every distress and danger,
Encompass my course over the ocean of truth,
I pray thee, place thy pure light before me,
O bright beauteous angel on this very night,
Bright beauteous angel on this very night.

Be Thyself the guiding star above me,
Illume Thou to me every reef and shoal,
Pilot my barque on the crest of the wave,
To the restful haven of the waveless sea,
Oh, the restful haven of the waveless sea.

*Carmina Gadelica,
translated by Alexander Carmichael*

Worshipping With All of Creation

"Adoramus Te Domine"

The image shows a musical score for the hymn "Adoramus Te Domine". It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#) and the time signature is common time (C). The melody is written in the treble clef, starting with a half note G4, followed by a half note A4, a quarter note B4, and a quarter note C5. The bass line is written in the bass clef, starting with a half note G2, followed by a half note F#2, and a quarter note G2. The lyrics are written below the staves, with a "(hum)" marking under the first two notes of the melody.

(hum) _____ A - do - ra - mus te Do - mi - ne.
We a - dore You, Lord Je - sus Christ.

Welcome

Angels in Our Midst *with sung response*

Exodus 23:20, Psalm 91:11, Matthew 18:10

Gloria, in excelsis deo.

Gloria, in excelsis deo.

*The Living Presence says,
Behold, I send an angel before you,
to guard you in the way
and to bring you to the place that I have prepared.*

*For I will give my angels charge over you,
to guard you in all your ways.*

*Jesus says,
Take care that you do not despise one of these little ones,
for I tell you, in the heavens their angels continually see the Face of my Father,
the One in the heavens.*

Meditation

Receiving the Angel

Anthem for Reflection

"The Guardian Angel"

*Thou angel of God who has charge over me,
Sent from the dear Father of mercy and love
Who shepherds the faithful in the fold of the saints
Great angel protect me this night.*

*I am tired and alone in a land not my own,
For I am a stranger to all that I see,
And I long for the land where the angels fly free,
For my heart it is searching for home.*

*Oh my angel,
Be thou a bright flame before me,
Thou a star shining above me,
Be thou a smooth path below me,
Be a kind shepherd behind me,
Today, tonight, and always.
Thou angel of God...*

Being Angels *with sung response*
Gloria, in excelsis deo.
Gloria, in excelsis deo.

Psalm 103:20, Hebrews 1:14, 13:2

*Bless the LORD, O you his angels,
you mighty ones who do his Word,
attentively listening to the Voice of his Word.*

*Are not all angels spirits in the divine service,
sent to serve for the sake of those who are to heirs to wholeness?*

*Do not forget to show loving hospitality to strangers,
for by doing that some have entertained angels without knowing it.*

Meditation

Becoming the Angel

Song of Response

“O Enlightened One”

***O Enlightened One, Life-giving Spirit.
May I bear your Image, and be a child of Light.***

Resting in the Silence

During these 5 minutes of silence, simply rest in God’s abiding and loving presence in this moment. Simply be here now. Descend into this Silence. There is nothing you need to do. Just relax. Sense your body. Breathe more deeply than usual. It can help to focus on the region of the heart. You might use a breath prayer to help you descend into this silence at the level of the heart, such as “I am” (inhale), “Your servant (exhale), or use a sacred word (such as Love, Peace, Beloved, Abba, Jesus, or Spirit).

Holy Communion

“Oculi Omnium” by Charles Wood

The eyes of all look to you, and you give them their food at the proper time.

Being Angels

“The Servant Song”

***We are trav’lers on a journey,
Fellow pilgrims on the road;
We are here to help each other,
Walk the mile and bear the load.
I will hold the Christ-light for you,
In the night-time of your fear;
I will hold my hand out to you,
Speak the peace you long to hear.***

Receiving a Good Word

Our Staff

*Haley Brown – Ministry Assistant & Director of gastrochurch
Peter Johns – Associate Director*

*Rev. Rachel Sciretti – Associate Pastor
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center*

*Thank you for worshipping with us today. Please register your attendance.
If you are worshipping online, please text the word center to (844) 474-0707
If you are worshipping in person, please text the word chapel to (844) 474-0707*

For information about The Center for Christian Spirituality and upcoming events, visit: www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer.



Centering Prayer

Today | The Chapel | after Contemplative Worship

If you would like to linger in silence as centering prayer for a bit longer after Contemplative Worship, join the group that gathers near the organ to be led in an additional 10 minutes of silence.

Worship Response

Today | The Anchor House | after Contemplative Worship

October Guided Silent Retreat

Tomorrow, October 2 | The Anchor House | 9 a.m. – 2:30 p.m.

For October's guided silent retreat, we will open ourselves to the life and spirituality of Francis of Assisi (d. October 3, 1226). There will be plenty of time for reading and reflection, prayerful walking of our backyard temporary labyrinth, and space for prayerful art. Participants will receive handouts with readings, prayers and songs inspired by Francis, for use as lectio divina as well as reflective questions. Lunch is provided. The cost of the Retreat is \$20 and includes the price of lunch. We don't want anyone to miss out because of pricing. Contact Haley for information on scholarships at hbrown@chapelwood.org.



Enneagram Groups

Wednesday, October 4 | The Anchor House | 6:30 p.m.

Join us over the next few weeks as we go deeper with the Enneagram. There will be large group time, sharing one-to-one, as well as small-group discussion. This is open to all people, even if the Enneagram is new to you. If you do not know your Enneagram Type yet, please come at 6:00pm so that we can help you begin that discovery.

Blessing of the Animals

Next Sunday, October 8 | The Anchor House | 6:30 p.m.

Hop, run or fly on over with your special pet friend for an individual blessing by Michael and Rachel. Let's give thanks for fur, feathers, and friendship in all its unique forms. We will meet in the Yard of The Anchor House. Please park in Lot C off of Greenbay and follow the signs to the east. All people and pets are welcome, but please make sure all pets are either on a leash or in a carrier. We will have a brief worship service celebrating the unique relationship we have with our pets, and then each owner is invited to bring their pet forward for an individual blessing.

Giving to The Center

All of us are part of a never-ending process of giving and receiving. Life is not possible without this organic flow. What we co-create together here at The Center for Christian Spirituality is not possible without our conscious participation in this holy activity of freely receiving and freely giving. In this light, we invite you to financially give to The Center in response to what you have received today or throughout our contemplative offerings. Using the QR code will take you to a page where you can make a one-time offering or recurring gift. Thank you for your contribution and investment.



Soul Collage

October 14 | The Anchor House | 9 a.m. – 4:00 p.m.

In this workshop, we explore the Healer Archetype who helps us to overcome inner divisions of body, mind, soul, heart, and spirit. The Healers among us inspire us to make changes in our lives so that we are in alignment with our true selves.