



Epiphany Today

8:45 a.m. + February 14, 2021 + Sixth Sunday after the Epiphany

The words "conscious love" ring true for me as a definition for our life's purpose and the goal of all spirituality.

*When we're conscious, we will always do the loving thing, the connecting thing,
the intimate thing, the communion thing, the aware thing.*

To do the unloving thing is always to somehow be unconscious at that moment.

Richard Rohr

I will also tell you a secret. We have to will one another: this is the beginning of conscious love.

Maurice Nicoll (d. 1953)

The Invitation to Listen

*The breezes at dawn have secrets to tell you.
Do not go back to sleep.
The heart-door is open and bids you to enter.
Do not go back to sleep.
The two worlds are waiting. The Journey before you.
Stay awake.*

*Stay awake. Stay awake.
Stay awake. Stay awake.*

"The Breezes at Dawn"

Hearing our Invitation

*Awaken, sleeper.
Arise from the dead.
And the Anointed One will enlighten you
and shine through you.*

Ephesians 5:14

Responding to the Invitation

*Hear in the silence the whispers of memory,
Be still and listen,
Be still and wait.
Wait for the Voice that once echoed through Eden,
That speaks affirmation,
That longs to create.
The Voice in the garden, the Voice in the cloud,
The Voice in the temple, still speaks aloud.*

"Quiet My Heart"

*Quiet my heart, till I can hear.
There are distractions ever near.
Quiet my heart, help me discern,
What are the lessons I must learn?
Quiet my heart.*

*Help me awaken and rise up from slumber,
Shake off the darkness,
Shine with your light.
Willing to listen, to learn and to follow,
To love with your passion,
To see with your sight.
Help me be watchful for where I'm asleep,
Attentive and mindful. God, come and speak!*

Looking for the Light

from Psalm 107, Psalms for Praying

*We give thanks to You, who are the Source of Love;
whose light shines forth throughout the universe!
Come, awaken our hearts that we might do your Work;
For, without You, we can do nothing;
'tis your Love that loves through us.*

*O peoples of the Light, awaken to the knowledge that lives within you!
Come out of the darkness and gloom;
break through the fears that hold you prisoner.
Do you not know your destiny –
to be a light unto the world,
a bearer of peace and harmony?
O let your light shine as a very ray
of the Radiant One's own light!*

*And know yourself! Let your aim be to recognize who you are.
Aspire to live as sons and daughters of Divine Love.*

*Awaken, all you who are yet asleep,
let us plant seeds for the commingling of heaven and earth;
For the Energy of Love radiates in everything,
and receptive hearts are purified by its Fire.
Blessed are the children of Light,
for they know their home in the Universal Heart.*

*Let your heart be clear and simple,
and your soul filled with Light;
Enter the place of gentleness,
the heart-space of the Beloved,
the embodiment of Love.*

Centering Ourselves

"Quiet My Heart"

*Quiet my heart, till I can hear.
There are distractions ever near.
Quiet my heart, help me discern,
What are the lessons I must learn?
Quiet my heart.*

The Morning Gospel

Matthew 5:14, 16; Luke 11:33-36; 1 John 2:9-10

You are the light of the world. A city set on a hill cannot be hidden.

No one, after lighting a candle, puts it in a secret place, nor under a bushel but on a lampstand, so that those who enter may see the light.

The candle of the body is the eye. Therefore, when your eye is whole, your entire body also is full of light. But when your eye is bad, your body also is full of darkness.

Therefore, watch out that the light in you is not darkness. If your whole body is full of light, having no part dark, the whole shall be full of light, as when a bright shining of a candle gives you light.

So let your light brightly shine before people, that they may see your beautiful works and glorify your Father, the One in the heavens.

*The one who says he is in the Light and hates his brother or sister is in the darkness, even now.
The one who is loving his brother or sister abides in the Light.*

Meditation

Becoming Bearers of the Light

*O Enlightened One,
Life-giving Spirit.
May I bear Your Image,
And be a child of Light.*

“O Enlightened One”

Meditation

Becoming Bearers of the Light

*O Enlightened One,
Life-giving Spirit.
May I bear Your Image,
And be a child of Light*

“O Enlightened One”

Candle Meditation

Holy Communion

Walking Into the World as Light and Love

*In love you summon,
In love I follow,
Living today for your tomorrow.
Christ to release me,
Christ to enfold me,
Christ to restrain me,
Christ to uphold me.*

“In Love You Summon”

Receiving a Good Word

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<https://vimeo.com/showcase/6902676>